



Things I Can Control

Here is a list of 6 things that WE can control that are directly connected to our free will. I am only going to expand 3 of these, but will read all 6.

1 - What I Focus On Everyday:

2 - My Boundaries:

3 - How I Speak to Myself:

4 - How I Respond:

You have FULL control over how you respond to any situation in life. In fact, how you respond will be the best reflection of your heart.

Bible Verse: Proverbs 14:29

One who is slow to anger has great understanding;
But one who is quick-tempered exalts foolishness.

5 - Where I Spend My Time:

Our heart will be a direct reflection of where we spend our time. No one spends their free time on things that don't line up with their heart.

6 - The Way I Treat Others:

Many times, the way we treat others is based on how we see ourselves. If we don't even like ourselves then we don't even have the ability to treat others well. And even Christ said "whatever you have done to the least of these you have done it unto me."

Bible Verse Mark 12:30-31 NASB

30 and you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'

31 The second is this: 'You shall love your neighbor as yourself.' There is no other commandment greater than these."



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